

# EASTERN PULASKI COMMUNITY SCHOOL CORPORATION

## Middle/High School Breakfast Menu

August 2018

<p>*Breakfast must have 3 items</p> <p>*One item must be a fruit or a juice</p>	<p><b><u>Mon. Aug. 6</u></b></p>	<p><b><u>Mon. Aug. 13</u></b> Cereal Go-Gurt Choice of Fruit Juice Cup Milk</p>	<p><b><u>Mon. Aug. 20</u></b> Powdered Donut w/String Cheese Choice of Fruit Juice Cup Milk</p>	<p><b><u>Mon. Aug. 27</u></b> Muffin Choice of Fruit Juice Cup Milk</p>
	<p><b><u>Tues. Aug. 7</u></b></p>	<p><b><u>Tues. Aug. 14</u></b> Donuts Choice of Fruit Juice Cup Milk</p>	<p><b><u>Tues. Aug. 21</u></b> Sausage Pancake Wrap Choice of Fruit Juice Cup Milk</p>	<p><b><u>Tues. Aug. 28</u></b> Mini Waffles w/Syrup Choice of Fruit Juice Cup Milk</p>
<p><b><u>Wed. Aug. 1</u></b></p>	<p><b><u>Wed. Aug. 8</u></b> Cereal Go-Gurt Choice of Fruit Juice Cup Milk</p>	<p><b><u>Wed. Aug. 15</u></b> Apple Turnover Choice of Fruit Juice Cup Milk</p>	<p><b><u>Wed. Aug. 22</u></b> PB&amp;J Sandwich Choice of Fruit Juice Cup Milk</p>	<p><b><u>Wed. Aug. 29</u></b> Mini Sliders Choice of Fruit Juice Cup Milk</p>
<p><b><u>Thurs. Aug. 2</u></b></p>	<p><b><u>Thurs. Aug. 9</u></b> PB &amp; J Sandwich Choice of Fruit Juice Cup Milk</p>	<p><b><u>Thurs. Aug. 16</u></b> Breakfast Boat Choice of Fruit Juice Cup Milk</p>	<p><b><u>Thurs. Aug. 23</u></b> Egg &amp; Cheese Sandwich Choice of Fruit Juice Cup Milk</p>	<p><b><u>Thurs. Aug. 30</u></b> Cheese Bread Choice of Fruit Juice Cup Milk</p>
<p><b><u>Fri. Aug. 3</u></b></p>	<p><b><u>Fri. Aug. 10</u></b> Cheese Breadstick Choice of Fruit Juice Cup Milk</p>	<p><b><u>Fri. Aug. 17</u></b> French Toast w/Syrup Choice of Fruit Juice Cup Milk</p>	<p><b><u>Fri. Aug. 24</u></b> Breakfast Pizza Choice of Fruit Juice Cup Milk</p>	<p><b><u>Fri. Aug. 31</u></b> Cherry Turnover Choice of Fruit Juice Cup Milk</p>

EVERYDAY CHOICES: CEREAL W/ GO-GURT, MUFFIN, CINNAMON ROLL,  
BAGEL W/ CREAM CHEESE, PB& J, YOGURT PARFAIT, CHOCOLATE OR POWDERED DONUTS.

Eastern Pulaski Community School Corporation is an Equal Opportunity Employer and has no intention of discriminating against anyone based on a handicapping condition.

<p><b>*Lunch must include 3 or the 5 food groups. One must be a fruit or vegetable.</b></p>	<p><b><u>Mon. Aug. 6</u></b></p>	<p><b><u>Mon. Aug. 13</u></b> Big Daddy's Cheese Pizza Fresh Fruits &amp; Vegetables Broccoli Corn Mixed Fruit Milk Choice: Chef Salads</p>	<p><b><u>Mon. Aug. 20</u></b> Chicken Tenders Fresh Fruits &amp; Vegetables Green Beans Mixed Fruit Animal Crackers Milk Choice: Chef Salads</p>	<p><b><u>Mon. Aug. 27</u></b> Max Taco Snax w/Salsa Fresh Fruits &amp; Vegetables Carrots Sliced Peaches Milk Choice: Chef Salads</p>
	<p><b><u>Tues. Aug. 7</u></b></p>	<p><b><u>Tues. Aug. 14</u></b> Meatball Sandwich Fresh Fruits &amp; Vegetables Parsley Potatoes Applesauce Cookie Milk Choice: Chef Salads</p>	<p><b><u>Tues. Aug. 21</u></b> Mozzarella Cheesesticks w/Marinara Sauce Fresh Fruits &amp; Vegetables Carrots Pink Applesauce Milk <b>Choice: Walking Taco Bar</b> Chef Salads</p>	<p><b><u>Tues. Aug. 28</u></b> Cheeseburger Fresh Fruits &amp; Vegetables Baked Beans Blushing Sliced Pears Cheese-It Crackers Milk <b>Choice: Potato Bar</b> Chef Salads</p>
<p><b><u>Wed. Aug. 1</u></b></p>	<p><b><u>Wed. Aug. 8</u></b> Hot Dog Fresh Fruits &amp; Vegetables Potato Triangles Peas Sliced Peaches Milk Choice: Chef Salads</p>	<p><b><u>Wed. Aug. 15</u></b> Corn Dog Fresh Fruits &amp; Vegetables Carrots Pineapple Milk Choice: Chef Salads</p>	<p><b><u>Wed. Aug. 22</u></b> Mini Corn Dogs Fresh Fruits &amp; Vegetables Broccoli Baked Beans Peaches Milk Choice: Chef Salads</p>	<p><b><u>Wed. Aug. 29</u></b> Chicken Nuggets Fresh Fruits &amp; Vegetables Broccoli Juice Cup Birthday Cake Milk Choice: Chef Salads</p>
<p><b><u>Thurs. Aug. 2</u></b></p>	<p><b><u>Thurs. Aug. 9</u></b> Tenderloin w/Whole Grain Bun Fresh Fruits &amp; Vegetables Chili Beans Broccoli Applesauce Milk Choice: Chef Salads</p>	<p><b><u>Thurs. Aug. 16</u></b> Chicken &amp; Noodles Fresh Fruits &amp; Vegetables Mashed Potatoes Cinnamon Bread Juice Cup Milk Choice: Chef Salads</p>	<p><b><u>Thurs. Aug. 23</u></b> Country Fried Beef Steak w/Gravy Fresh Fruits &amp; Vegetables Mashed Potatoes Biscuit &amp; Butter Juice Cup Milk <b>Choice: Warrior Bar</b> Chef Salads</p>	<p><b><u>Thurs. Aug. 30</u></b> Big Daddy's Pepperoni Pizza Fresh Fruits &amp; Vegetables Green Beans Pineapple Chunks Milk <b>Choice: Hot Wing Bar</b> Chef Salads</p>
<p><b><u>Fri. Aug. 3</u></b></p>	<p><b><u>Fri. Aug. 10</u></b> Pepperoni &amp; Cheese Breadsticks w/Marinara Sauce Fresh Fruits &amp; Vegetables Carrots Sliced Pears Milk Choice: Chef Salads</p>	<p><b><u>Fri. Aug. 17</u></b> Hamburger Fresh Fruits &amp; Vegetables Baked Beans Diced Pears Cheese-It Crackers Milk Choice: Chef Salads</p>	<p><b><u>Fri. Aug. 24</u></b> Grilled Chicken Sandwich Fresh Fruits &amp; Vegetables Corn Mandarin Oranges Milk Choice: Chef Salads</p>	<p><b><u>Fri. Aug. 31</u></b> Toasted Cheese or Hot Dog Fresh Fruits &amp; Vegetables Potato Triangles Mixed Fruit Milk Choice: Chef Salads</p>

